# The Health Effects of Air Pollution

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#### **Overview**

• What is air pollution?

• What are the health effects of air pollution?

• What are the health impacts of ship emissions?

• What are we doing to quantify the effects of ships in NSW?



#### Air pollution

- A complex mixture of particles (PM) and gases  $-PM_{2.5}$  and  $PM_{10}$   $-SO_2$ 
  - $-NO_2$
  - Ozone
  - Toxics (mainly related to specific sources)
- Important sources include cars, trucks, industrial processes, wood heaters and ships
- Inevitably, urban exposure is to pollutants from multiple sources









London smog Bell and Davis 2001







6 Cities Study – Dockery et al. 1993







#### **Health effects**

- PM<sub>2.5</sub> causes cardiopulmonary disease
- Exposure to SO<sub>2</sub> and NO<sub>2</sub> are also associated with mortality, respiratory and cardiovascular disease
- IARC has recently said outdoor air pollution and diesel exhaust are "Group 1" carcinogens (ie carcinogenic to humans).



#### **Thresholds**

- No evidence of a threshold
- Recent studies have demonstrated PM<sub>2.5</sub> has health effects at levels below those measured in NSW
- Any reduction in exposure will produce benefit



#### Crouse et al. 2012



#### Particle size, type and source

- Current evidence supports management of PM on the basis of particle size (e.g. PM<sub>2.5</sub> and PM<sub>10</sub>) and duration of exposure (ie 24hr average levels and annual average).
- There is some evidence that particles of different types (e.g. black carbon, transition metals) have different effects. This evidence is currently insufficient to inform management.
- Any reduction in exposure will produce benefit



### The health impact of ships



~ 83,500 premature deaths from cardiopulmonary causes worldwide (Winebrake *et al.* 2009)





## Questions

