IF YOU CAN SMELL IT, YOU’RE ALREADY BREATHING IT.

Wood is a natural material, but when burned it produces particle pollution that is harmful to everyone.

To reduce the harmful effects of wood smoke, follow these steps:

1. Clean your chimney every year.
2. Use only dry, aged, untreated wood.
3. Use small logs instead of one large one.
4. Don’t let your fire smoulder overnight.
5. Consider a cleaner heating method.

Remember, even in small amounts, wood smoke pollutants can be harmful, especially to the young, frail or elderly.