

Environment Protection Authority

Radiation Standard 6

Compliance requirements for ionising radiation apparatus used in diagnostic imaging: Part 5 - Computed Tomography

© 2020 State of NSW and the NSW Environment Protection Authority

With the exception of photographs, the State of NSW and the NSW Environment Protection Authority (EPA) are pleased to allow this material to be reproduced in whole or in part for educational and non-commercial use, provided the meaning is unchanged and its source, publisher and authorship are acknowledged. Specific permission is required for the reproduction of photographs.

The EPA has compiled this standard in good faith, exercising all due care and attention. No representation is made about the accuracy, completeness or suitability of the information in this publication for any particular purpose. The EPA shall not be liable for any damage which may occur to any person or organisation taking action or not on the basis of this publication. Readers should seek appropriate advice when applying the information to their specific needs. This document may be subject to revision without notice and readers should ensure they are using the latest version.

Every effort has been made to ensure that the information in this document is accurate at the time of publication. However, as appropriate, readers should obtain independent advice before making any decision based on this information.

All content in this publication is owned by the EPA and is protected by Crown Copyright, unless credited otherwise. It is licensed under the Creative Commons Attribution 4.0 <u>International</u> (CC BY 4.0), subject to the exemptions contained in the licence. The legal code for the licence is available at <u>Creative Commons</u>.

The EPA asserts the right to be attributed as author of the original material in the following manner: © State of New South Wales and the NSW Environment Protection Authority 2020.

Published by:

NSW Environment Protection Authority

4 Parramatta Square

12 Darcy Street, Parramatta NSW 2150 Locked Bag 5022, Parramatta NSW 2124

Phone: +61 2 9995 5000 (switchboard)

Phone: 131 555 (NSW only - environment information and publications requests)

Fax: +61 2 9995 5999

TTY users: phone 133 677, then ask

for 131 555

Speak and listen users:

phone 1300 555 727, then ask for 131 555

Email: info@epa.nsw.gov.au www.epa.nsw.gov.au

Report pollution and environmental incidents

Environment Line: 131 555 (NSW only) or info@epa.nsw.gov.au

See also www.epa.nsw.gov.au
ISBN 978 1 925790 08 5
EPA 2018P0644
First published August 1999
Second edition March 2004

This edition October 2020

(This edition supersedes the March 2004 edition)

Contents

Introduction	1
1. General requirements and recommendations	2
1.1. Advice to person responsible	2
1.2. Advice to Consulting Radiation Expert	2
2. Compliance requirements: Computed tomography	4
2.1. System performance	4
2.2. Radiation warning sign	4
2.3. Markings on X-ray generators and CT gantry	4
2.4. Termination of exposure	5
2.5. Indicators of operation	5
2.6. Mechanical accuracy	5
2.7. X-ray beam quality	5
2.8. Image quality	6
2.9. Radiation dosimetry	6
3. Quality assurance requirements: CT	7
3.1. Quality assurance program	7
3.2. Diagnostic reference levels	7
4.Test protocols	8
4.2 Light localisation accuracy	8
4.3 Scout localisation accuracy	8
4.4 Coronal and sagittal plane lights	9
4.5 Axial scan incrementation accuracy	10
4.6 Couch positioning accuracy	10
4.7 X-ray beam quality	11
4.8 Noise, mean CT number and uniformity	12
4.9 Irradiated slice width	12
4.10 Radiation dosimetry	13
Schedule 1: Compliance requirements	14
References and further reading	
Definitions	16

Introduction

Computed tomography (CT) is an essential part of medical procedures, both for diagnosis and in research. Diagnostic medical procedures inevitably deliver a radiation dose to the patient. In most cases, the benefits of diagnostic radiology far outweigh any potential risks to the patient from radiation. However, the level of risk is justified only when patients receive a commensurate health benefit and everything reasonable has been done to reduce the dose.

The complexities of modern apparatus used for CT make regular performance monitoring essential for maintaining optimum image quality. It is important that the performance level of each apparatus is established during acceptance testing, and that performance standards are maintained over time by an appropriate quality assurance program. Inadequate performance and quality assurance procedures may cause an unnecessary increase in radiation exposure to the patient and staff and a decrease in the diagnostic value of the examination.

The objects of this standard are to:

- provide adequate safety measures to protect patients, occupationally exposed persons and the public from unnecessary radiation exposure
- improve and maintain the standard of radiation apparatus
- ensure better monitoring of apparatus performance
- provide reference dose levels as a guide to optimising patient exposure.

This standard for computed tomography is for the information of the person responsible and licensed users of ionising radiation apparatus and persons accredited under section 8 of the *Radiation Control Act 1990* as Consulting Radiation Experts (CREs). It is to be used by CREs in the assessment of apparatus for compliance with conditions of the radiation management licence and should be read in conjunction with the Act and the Radiation Control Regulation 2013. In the event of amendment to the Act or Regulation, references to the legislation in this document must be deemed to refer to the current legislation. In the event of an inconsistency between the standard and the amended legislation, the requirements of the legislation prevail to the extent of the inconsistency.

This document sets out the minimum requirements for satisfactory compliance of diagnostic imaging apparatus, which are stated as '**must**' statements and are listed in Schedule 1 and promotes industry best practice in radiation safety to be implemented during the medical use of CT scanners.

The standard was developed by the Hazardous Materials, Chemicals and Radiation Section of the NSW Environment Protection Authority (EPA) in consultation with the Radiation Advisory Council.

The EPA acknowledges the assistance of A/Prof Lee Collins, Dr Richard Smart, Dr Philip Pasfield, Mr Paul Cardew, Dr Jennifer Diffey, Dr Ravinder Grewal, Mr Glen Burt, Ms Tiffany Chiew, Ms Lucy Cartwright and Mr Adam Jones and the input received from stakeholders, in preparing this edition.

General requirements and recommendations

1.1. Advice to person responsible

- 1.1.1 Compliance testing of diagnostic imaging apparatus for the purpose of certification **must** be conducted by an EPA-accredited Consulting Radiation Expert (CRE).
- 1.1.2 Requirements listed in Schedule 1 of this standard must be met for compliance of CT scanners.
- 1.1.3 The responsible person **must** have equipment quality control records available to the inspecting authority and to a CRE on request (details of quality assurance are discussed in section 3 of this standard).
- 1.1.4 Specifications for radiation shielding of protective barriers and the design details of rooms used for ionising radiation apparatus should be determined in accordance with *Radiation Guideline 7: Radiation shielding design, assessment and verification requirements* and documented by an appropriately qualified person before building works start.
 - 1.1.5 A protective shield **must** be provided for the operator's use.
- 1.1.6 Where a fixed protective shield is provided it should be not less than 2100 millimetres (mm) in height.
- 1.1.7 The operator, when behind the protective shield, **must** have a clear view of the patient and **must** be able to communicate easily with the patient at all times.
- 1.1.8 Where a viewing window is used as part of the protective shield, the lead equivalent and the kVp of the X-ray beam at which the lead equivalent was measured **must**, in the case of new installations, be clearly and durably marked on the viewing window.
- 1.1.9 In the case of new installations, the protective shield and all shielded walls and doors must be clearly and durably marked with the lead thickness or lead area density or, for non-lead material, the type and thickness of building material of which they are constructed.

1.2. Advice to Consulting Radiation Expert

- 1.2.1 A CRE must ensure that any radiation monitoring device used for compliance testing is:
- suitable for the type of measurement for which it is to be used
- used only when it is fully operational and properly calibrated
- capable of measuring the type of radiation being assessed over the range of energies and dose rates required
- calibrated at least every two years to an Australian or international primary or secondary standard satisfactory to the manufacturers' requirements.
- 1.2.2 The following test equipment may be required to carry out compliance testing:
- a radiation meter/detector
- a pencil ionisation chamber
- a CT phantom specific to the manufacturer/model of the CT scanner
- a head and/or body phantom suitable for the measurement of the CT Dose Index (CTDI)

- GAFchromic film or a suitable device for measuring irradiated beam width
- tape
- aluminium filters (Grade 1100 or equivalent) (if measuring HVL)
- lead markers/paper clips
- pen
- 1.2.3 Manufacturer-specific acquisition protocols will be required for the testing of CT image quality and for the measurement of CT dose index.
- 1.2.4 Prior to commencing testing the manufacturer's warm-up procedure should be followed.
- 1.2.5 All measurements **must** be in SI units (e.g. Gy for air kerma).

2. Compliance requirements: Computed tomography

2.1. System performance

2.1.1 All tests listed in **Table 1** that include any clause listed in Schedule 1 **must** be carried out at the frequency specified and results **must** comply with the limits referenced in this standard.

Table 1: Tests required for computed tomography

Compliance Requirement	Test	Acceptance	2-Yearly	After tube replacement	After detector replacement
2.2	Radiation warning sign	\checkmark	\checkmark	×	×
2.3	Markings on x-ray generators and CT gantry	\checkmark	\checkmark	\checkmark	×
2.4	Termination of exposure	\checkmark	\checkmark	×	×
2.5	Indicators of operation	\checkmark	\checkmark	×	×
2.6	Mechanical accuracy	\checkmark	×	×	×
2.7	X-ray beam quality	\checkmark	\checkmark	\checkmark	×
2.8	Image quality	\checkmark	\checkmark	\checkmark	\checkmark
2.9	Radiation dosimetry	\checkmark	\checkmark	\checkmark	\checkmark

2.2. Radiation warning sign

- 2.2.1 A radiation warning sign complying with Schedule 6 of the Regulation **must** be displayed on the outside of the entry doors to any room housing CT apparatus.
- 2.2.2 A radiation warning light **must** be positioned at the entry doors to all rooms housing CT apparatus, except where a CRE has determined that not to do so would not pose a risk to the safety of any person.
- 2.2.3 Where a radiation warning light is provided, it should illuminate whenever the X-ray tube is placed in the preparation mode before exposure or when the beam is being produced. The light must remain illuminated for the duration of the exposure and must bear the words 'X-RAYS—DO NOT ENTER' or similar. Immediate illumination must be ensured.

2.3. Markings on X-ray generators and CT gantry

2.3.1 X-ray generator and gantry **must** be permanently marked in English and the markings must be clearly visible.

- 2.3.2 X-ray generators **must** bear either:
 - a. the name or trademark of the manufacturer, and
 - b. the type or model number, and
 - c. the serial number, or
 - d. an EPA-generated number that links to (a), (b) and (c).
- 2.3.3 Gantry **must** bear either of the following markings in a visible position:
 - a. the name or trademark of the manufacturer of the X-ray tube housing and insert, and
 - b. the type or model number of the X-ray tube housing and insert, and
 - c. the serial number of the X-ray tube housing and insert, or
 - d. EPA-generated number (s) that links to (a), (b) and (c).

2.4. Termination of exposure

2.4.1 Means **must** be provided so that the operator can terminate the exposure at any time during a scan.

2.5. Indicators of operation

2.5.1 Beam on indicator.

A visible signal **must** be displayed at the control panel and on the gantry to indicate when the X-ray tube is energised.

2.5.2 Audible signal.

Provision should be made for an audible signal at the location from which the equipment is operated to indicate the duration or termination of the exposure.

2.6. Mechanical accuracy

2.6.1 Light localisation accuracy

The error of the scan localisation lights and the scan plane **must** not exceed ±2 mm.

2.6.2 Scout localisation accuracy.

The error in the correspondence of localisation image parameters with the actual slice position **must** not exceed ±2 mm with the gantry in the vertical position.

2.6.3 Coronal and sagittal plane lights.

The coronal and sagittal plane lights **must** intercept at the x = 0, y = 0 on the corresponding axial image. The error **must** not exceed ± 2 mm.

2.6.4 Axial scan incrementation accuracy.

When the scanner is used in axial mode, the incrementation accuracy between successive axial slices **must** not exceed ±1 mm.

2.6.5 Couch positioning accuracy.

The couch positioning accuracy **must** not deviate by more than ±2 mm.

2.7. X-ray beam quality

2.7.1 The first half value layer in the X-ray beam incident to the patient must be verified by direct measurement or inspection of service documents and must be greater than or equal to:

- a. 3.2 mm of aluminium at 120 kVp; or
- b. 3.5 mm of aluminium at 130 kVp; or
- c. 3.8 mm of aluminium at 140 kVp.

2.8. Image quality

2.8.1 Baseline values.

Baseline values for noise, mean CT number, uniformity and irradiated slice width **must** be established when the equipment is first brought into use or following any maintenance likely to affect these parameters (including tube change).

Note:

- 1. These figures can be provided by the supplier.
- 2. If these figures have not yet been determined, the tests **must** be carried out at the first compliance test and should be performed in accordance with the manufacturer-recommended protocols. As such, the requirements specified in section 2.8.3 do not apply for that initial test. This **must** be noted in the assessment report.
- 3. When establishing baseline values, all selectable values of scan parameters, the area of the test device to be imaged and the position of the test device during irradiation must be recorded in the assessment report, as the same test procedures, test conditions and test device must be used for future tests.
- 2.8.2 Values for parameters in clause 2.8.1 should comply with manufacturer's specifications.
- 2.8.3 Deviations from baseline values must not exceed those given in Table 2.
- 2.8.4 Values of reconstructed slice thickness should be within the following limits: ± 1.0 mm for thicknesses > 2.0 mm or ± 50% for thicknesses ≤ 2.0 mm.
- 2.8.5 High contrast resolution should comply with manufacturer's specifications.

Table 2: Acceptable Deviations from CT Baseline Levels

Parameter	Deviation
Noise	± 10% or 0.2 HU* (whichever is greater)
Mean CT number	± 4 HU
Uniformity	± 2 HU
Irradiated slice width	± 20% or 1 mm (whichever is greater)

^{*} HU = Hounsfield unit

2.9. Radiation dosimetry

2.9.1 Baseline values.

Baseline values of CT dose index in air for all clinical kV settings and typical slice thicknesses **must** be established when the equipment is first brought into use or following any maintenance likely to affect these parameters (including tube change).

- 2.9.2 Subsequent CT dose index in air **must** be measured using the same parameters and **must** be within ±10% of the baseline values.
- 2.9.3 The weighted CT dose index (CTDIw) should be measured using Perspex phantoms.
- 2.9.4 Measured values of CTDIw should be within 20% of the manufacturer's specifications.

2.9.5 The volume CTDI (CTDIvol) and the Dose Length Product (DLP) **must** be available to the operator and recorded with the CT images.

3. Quality assurance requirements: CT

3.1. Quality assurance program

- 3.1.1 A quality assurance (QA) program approved by a CRE **must** be instituted and maintained. Where no QA program is in place, a CRE should make appropriate recommendations.
- 3.1.2 The QA program should ensure that consistent, optimum-quality images are produced so that the exposure of patients, staff and the public to radiation satisfies the 'as low as reasonably achievable' principle.
- 3.1.3 The QA program should include checks and test measurements on all parts of the imaging system, as indicated in this standard, at appropriate time intervals. At a minimum this should include a weekly measurement of the CT number in water and the image noise in a water phantom. The CT number of water should be 0.0 ± 4 HU.
 - 3.1.4 QA procedures **must** be standardised and documented in a QA manual.
- 3.1.5 Equipment **must** be maintained and serviced according to manufacturer's recommendations. The service frequency should be at least annually.

3.2. Diagnostic reference levels

- 3.2.1 The QA program **must** include a dosimetric evaluation of routine CT procedures at least every two years. This should include both paediatric and adult procedures.
- 3.2.2 Average patient values for CTDIvol in mGy and DLP in mGy.cm should be assessed against the current Australian National Diagnostic Reference Levels for MDCT as published by the Australian Radiation Protection and Nuclear Safety Agency (ARPANSA) on their website.
- 3.2.3 Dose levels that consistently exceed the national DRLs should be investigated and, appropriate action taken.
- 3.2.4 The results of the dosimetric comparison and any subsequent actions taken **must** be recorded and be available to the Authority and to a CRE on request.

4. Test protocols

These test protocols provide a guide and should not be taken as the only method of testing. Some of the protocols may not be suitable for a particular vendor and/or model of computed tomography apparatus. Vendor's test protocols should be used as guidance where necessary.

4.1 Radiation shielding

See Radiation Guideline 7: Radiation shielding design assessment and verification requirements.

Compliance requirement

See section 2.1.

4.2 Light localisation accuracy

Aim

To determine the coincidence between the internal and external localisation lasers and the physical scan plane.

Exposure factors

- Sufficient kV, mA and rotation time to produce film blackening (e.g. 120 kV, 100 mAs).
- A single axial rotation with the minimum available collimated beam width.

Method

- Position a strip of GaF film aligned with the coronal (y = 0) and sagittal (x = 0) lasers.
- Mark a line on the film aligned with the external z-axis laser.
- Move the couch automatically to the scan plane and mark the position of the internal z-axis laser.
- Perform a single axial scan with low technique factors.
- Measure the difference between the internal and external lasers and the centre of the scan plane as indicated by the centre of the blackened line on the film.

Compliance requirement

The difference between the internal laser, external laser and scan plane must not exceed 2 mm.

Notes

- Avoid placing the film on an object that will create significant scatter, as this may affect the film blackening.
- This test set-up can also be used for 2.6.4/4.5 axial scan incrementation accuracy and 2.8.1/4.9 irradiated slice width.
- Alternative methods are acceptable if they can determine the same result.

4.3 Scout localisation accuracy

Aim

To determine the coincidence of the localisation image and the physical scan plane.

Exposure factors

Sufficiently low technique factors to produce an image of the test object.

 A single axial rotation with a total acquired collimated beam width of at least 5 mm, reconstructed using the thinnest slices available (e.g. 0.5 mm).

Method

- Position a thin dense object (e.g. a straight paperclip) aligned with the coronal (y = 0) and sagittal (x = 0) lasers, with the long axis placed perpendicular to the z-axis. The z-axis position should allow for the object to be scanned with a scout localiser.
- Perform an AP scout localiser, ensuring the object is scanned.
- Perform a single axial scan with low technique factors and the thinnest reconstructed slice thicknesses available, centred on the dense object as shown in the scout localiser.
- Scroll through the reconstructed slices and find the slice with the object in view.
- Count the number of slices between the central reconstructed slice and the slice with the object in view (e.g. if there are 32 reconstructed slices, the central slice is 16/17. If the object appears most in focus in slice 17/18, then the difference is 1 slice).
- Multiply this number of slices by the reconstructed slice width to determine the difference in mm e.g. 1 slice x 0.5 mm slice thickness = 0.5 mm difference.

Compliance requirement

The difference between the central slice and object position must not exceed 2 mm.

Notes

- This test relies on the reconstructed slice width being accurate (see 2.8.4). This accuracy may be verified with a suitable phantom e.g. CatPhan.
- Alternative methods are acceptable if they can determine the same result.

4.4 Coronal and sagittal plane lights

Aim

To determine the coincidence of the coronal and sagittal lasers and the physical scan plane.

Exposure factors

- Sufficiently low technique factors to produce an image of the test object.
- A single axial rotation with a collimated beam width sufficient to cover the test object.

Method

- Position a thin dense object (e.g. a straight paperclip) aligned with the coronal (y = 0) and sagittal (x = 0) lasers, with the long axis placed parallel to the z-axis. The z-axis isocentre should be in the centre of the test object long axis.
- Perform a single axial scan with low technique factors.
- Measure the distance between the object (bright dot in the centre of the field of view) and the centre of the image using the system calipers. For systems that do not indicate the centre of the image (e.g. with a crosshair), the distance from the object to the four edges of the image can be used as an alternative (e.g. if the distance from the object to the left edge is 121 mm, and the distance from the object to the right edge is 119 mm, then the difference between the object and the centre of the image is given by (121-119)/2 = 1 mm.

Compliance requirement

The difference between the object and the centre of the image must not exceed 2 mm in the x and y directions.

Notes

- This test relies on the system calipers being accurate. This accuracy may be verified with a suitable phantom e.g. CatPhan.
- Care must be taken to position the test object and calipers accurately.
- Alternative methods are acceptable if they can determine the same result.

4.5 Axial scan incrementation accuracy

Aim

To determine the accuracy of sequential scan positions.

Exposure factors

- Sufficient kV, mA and rotation time to produce film blackening (e.g. 120 kV, 100 mAs).
- Multiple single axial rotations with the clinically used range of collimated beam widths/detector configurations (this will simultaneously assess 2.8.1 Irradiated slice width). Consult the manufacturer specifications or baseline testing report for detector configurations to use.

Method

- Use the same test set-up as for 2.6.1/4.2 light localisation accuracy i.e. GaF film aligned with the coronal (y = 0), sagittal (x = 0) and axial (z-axis) lasers.
- Record the original couch position.
- Move the couch a sufficient distance to ensure the irradiated beam widths do not overlap. This will require knowledge of the irradiated beam width, as this will be wider than the nominal beam width indicated by the scanner e.g. if the first axial scan was obtained using 32 x 0.6 mm (irradiated beam width = 27 mm), and the second scan will be obtained using 96 x 0.6 mm (irradiated beam width 64 mm), then the couch movement will need to be at least 0.5 x 27 + 0.5 x 64 = 45.5 mm (an additional 10 mm buffer is recommended). Consult the manufacturer specifications or baseline testing report for irradiated beam widths.
- Record the new couch position and calculate the distance moved.
- Perform another single axial scan with low factors and a different collimated beam width/detector configuration (this is used in test 2.8.1/4.9 irradiated slice width).
- Repeat for a number of clinically used collimated beam widths/detector configurations and movement positions (ensuring the irradiated beams do not overlap on the film).
- Measure the distances between the centres of the blackened strips on the GaF film and compare with the distances indicated by the couch positions.

Compliance requirement

The difference between the indicated couch distances and the measured GaF distances must not exceed 1 mm.

Notes

Alternative methods are acceptable if they can determine the same result.

4.6 Couch positioning accuracy

Aim

To determine the accuracy of patient couch positioning.

Method

Place a 'patient' load on the couch e.g. a colleague or large heavy phantoms.

- Place a marker on the moving part of the couch and align it with a corresponding marker on the stationary part of the couch.
- Note the couch start position.
- Move the couch a fixed distance and note the new couch position.
- Measure the physical distance moved between the two markers on the moving and stationary parts of the couch (e.g. with a tape measure).
- Compare the indicated couch position distance with the measured physical distance.
- Repeat for a number of distances both in and out of the gantry.

Compliance requirement

The difference between the indicated distance and the measured distance must not exceed 2 mm.

4.7 X-ray beam quality

Aim

To ensure that the beam quality meets minimum specifications.

Exposure factors

120, 130 or 140 kV, sufficient mAs to produce an appropriate measurement (e.g. 100 mA).

Method

Inspect the service documents to verify the minimum beam quality.

OR

- Use an appropriately calibrated dosimeter with direct HVL measurement capability.
- Align the dosimeter with the appropriate orientation to the anode-cathode axis at isocentre.
- Perform a scout localiser that covers the length of the detector, with the desired kV and sufficient mA to produce an appropriate measurement.
- Record the indicated HVL.

OR

- Use high purity Aluminium filters.
- Place a dosimeter at isocentre, ensuring there are no attenuating materials (e.g. the patient couch) between the X-ray tube and the dosimeter.
- Perform exposures (e.g. AP scout) with the desired kV and sufficient mA to produce an appropriate measurement.
- Make three exposures with no filters added (free in air), then take the average.
- Place 3 mm of the aluminium filters on the face of the X-ray tube, ensuring sufficient distance between the dosimeter and the filters to reduce scatter, and make another exposure.
- Repeat exposures with additional aluminium filters until the measured dose falls to less than 50% of the unfiltered dose.
- Plot the measured dose against filter thickness using a semi-log scale.
- Halve the average free in air exposure and determine corresponding thickness of aluminium from the graph.

Compliance requirement

See Section 2.7.1.

4.8 Noise, mean CT number and uniformity

Aim

To ensure that the system meets manufacturer specifications and does not deviate significantly from baseline.

Exposure factors

As indicated by manufacturer specifications or those used at baseline.

Method

- Set up an appropriate water phantom at isocentre (consult the manufacturer specifications or baseline testing report).
- Perform scans using technique factors as indicated by manufacturer specifications, or that used at baseline (do at least the typical head and body protocols).
- For each scan:
 - Place a large (consult manufacturer specifications or previous test for ROI size) region of interest (ROI) in the centre of the central slice and note the HU (CT number) and standard deviation in HU (noise).
 - Compare the CT number and noise values with manufacturer specifications or baseline.
 - Measure the mean HU in 5 ROIs: the centre and 4 edges (north, east, south and west).
 - Calculate the deviation in HU between each edge and the centre, and determine the maximum deviation.
 - Compare the maximum deviation with manufacturer specifications or baseline.
 - o Review the image for any significant non-uniformity or artefacts.

Compliance requirement

See Section 2.8.

Notes

If there is significant non-uniformity, this may affect the CT number and noise measurements. In this case, the ROI size should be adjusted to exclude significant non-uniformities.

4.9 Irradiated slice width

Aim

To ensure that the irradiated beam width meets manufacturer specifications and does not deviate significantly from baseline.

Exposure factors

- Sufficient kV, mA and rotation time to produce film blackening (e.g. 120 kV, 100 mAs).
- Multiple single axial rotations with the clinically used range of collimated beam widths. Consult the manufacturer specifications or baseline testing report for detector configurations to use.

Method

Use the same test set-up as for 2.6.1/4.2 light localisation accuracy and 2.6.4/4.5 axial scan incrementation accuracy i.e. GaF film aligned with the coronal (y = 0), sagittal (x = 0) and axial (z-axis) lasers.

- Follow the test protocol for axial scan incrementation accuracy using a range of clinically used detector configurations/collimated beam widths.
- Measure the full width half maximum of the resulting radiation profiles.
- Compare with manufacturer specifications or baseline.

Compliance requirement

See Section 2.8.

Notes

Alternative methods are acceptable if they can determine the same result e.g. using a point dosimeter profiler.

4.10 Radiation dosimetry

Aim

To ensure that the system output meets manufacturer specifications and does not deviate significantly from baseline.

Exposure factors

Clinically used range of kV and collimated beam widths/detector configurations with sufficient mA and rotation time to produce an appropriate measurement (e.g. 100 mA, 1 s). Consult the manufacturer specifications or baseline testing report for technique factors to use.

Method

- Set up a 100 mm CTDI chamber free in air (overhanging the patient couch to avoid couch attenuation) with the centre of the detector length at isocentre.
- Perform a number of axial scans using the technique factors indicated in the manufacturer specifications or those used at baseline. (E.g. Three repeated scans at the most clinically used kV and collimated beam width/detector configuration to confirm repeatability, variation of the kV keeping all other factors constant, variation of the collimation keeping all other factors constant.)
- Convert the raw CTDI readings to CTDI_{air,100} values where necessary (dosimeters typically quote mGy). If the dosimeter quotes mGy, multiply the raw mGy reading by 100 mm (the chamber length) and divide by the nominal collimated beam width (e.g. 32 x 0.6 = 19.2 mm). Ensure the all units are consistent.
- Compare to manufacturer specifications or baseline.

Compliance requirements

See Section 2.9.

Notes

- Ensure there is no movement between each successive scan, as the dosimeter must measure the entire beam profile.
- At acceptance, a number of the manufacturer CTDI_{air} specifications should be verified.
- Manufacturer specifications are often normalised per 100 mAs, therefore your measurements should also be normalised per 100 mAs for direct comparison.

Schedule 1: Compliance requirements

The clauses contained in this Schedule are the requirements referred to in condition 4.1 of radiation management licence which the apparatus must meet for compliance.

Requirement	Clause(s)
Advice to person responsible	1.1.1, 1.1.2, 1.1.3, 1.1.5, 1.1.7, 1.1.8, 1.1.9
Advice to CRE	1.2.1, 1.2.5
System performance	2.1.1
Radiation warning sign	2.2.1, 2.2.2, 2.2.3
Markings of X-ray generators and tube assemblies	2.3.1, 2.3.2, 2.3.3
Termination of exposure	2.4.1
Indicators	2.5.1
Mechanical accuracy	2.6.1, 2.6.2, 2.6.3, 2.6.4, 2.6.5
X-ray beam quality	2.7.1
Image quality	2.8.1, 2.8.3
Radiation dosimetry	2.9.1, 2.9.2, 2.9.5
Quality assurance program	3.1.1, 3.1.4, 3.1.5
Diagnostic reference levels	3.2.1, 3.2.4

References and further reading

Australian Radiation Protection and Nuclear Safety Agency Code of Practice for Radiation Protection in the Medical Applications of Ionizing Radiation (2008), Radiation Protection Series Publication No. 14.

Australian Radiation Protection and Nuclear Safety Agency Safety Guide for Radiation Protection in Diagnostic and Interventional Radiology (2008), Radiation Protection Series Publication No. 14.1.

Standards Australia/Standards New Zealand, 1996, Australian/New Zealand Standard: Evaluation and Routine Testing in Medical Imaging Departments, Part 2.6: Constancy tests—X-ray Equipment for Computed Tomography, AS/NZS 4184.2.6:1995/Amdt 1:1996.

Australian National Adult Diagnostic Reference Levels for MDCT www.arpansa.gov.au/services/NDRL/adult.cfm, accessed 25 November 2015.

Institute of Physics and Engineering in Medicine, Measurement of the Performance Characteristics of Diagnostic X-ray Systems used in Medicine. Report No. 32, second edition, Part III: Computed Tomography X-ray Scanners (2003), IPEM York.

American Association of Physicists in Medicine, Specification and Acceptance Testing of Computed Tomography Scanners, Rep. 39, AAPM, New York (1993).

American Association of Physicists in Medicine, *The Measurement, Reporting and Management of Radiation Dose in CT, Rep. 96*, AAPM, New York (2008).

Definitions

In this standard:

Absorbed dose means energy delivered from radiation per unit mass of absorbing material, measured in Gray (Gy) or mGy. One Gray equals one joule per kilogram.

Act means the Radiation Control Act 1990.

Air kerma means kerma measured in a mass of air.

Apparatus means computed tomography scanner.

Authority means the NSW Environment Protection Authority.

Barrier means any wall, door, protective shield etc. between the CT scanner and an adjacent area.

CRE means Consulting Radiation Expert.

CT means computed tomography.

CT dose index means the integral of the dose profile along a line perpendicular to the tomographic plane. It should be measured using a 10 centimetre (cm) chamber and expressed as $CTDI_{100}$ which means that the limits of integration are from -5 cm to +5 cm. The measured air kerma should be multiplied by the length of the chamber (100 mm) and divided by the product of the nominal slice thickness and the number of tomograms (n.T) produced in a single scan.

CTDIw, weighted CTDI means the value obtained by summing one-third of the CTDI at the centre of a standard head or body phantom and two-thirds of the CTDI at the periphery of the phantom, expressed in mGy.

CTDIvol means the CTDI_w divided by the scan pitch and represents the average absorbed dose in the scan volume, expressed in mGy.

CT number means the number used to represent the mean X-ray attenuation associated with each elemental area of the CT image. It is normally expressed in Hounsfield units.

DLP, Dose Length Product means the product of the $CTDI_{vol}$ and the scan length, expressed in mGy.cm.

Dose profile means a representation of the dose as a function of the position along a line perpendicular to the tomographic plane.

EPA means the Environment Protection Authority.

High contrast resolution means the ability to resolve different objects in the displayed image, when the difference in attenuation between the objects and the background is large compared to noise. Also known as spatial resolution.

Kerma (K) means <u>kinetic energy released in a material</u> by ionising radiation and is determined as the quotient of dE_{tr} by dm, where dE_{tr} is the sum of the initial kinetic energies of all the charged ionising particles liberated by uncharged ionising particles in a material of mass dm (K = dE_{tr}/dm). The unit of kerma is the Gray (Gy), or joule per kilogram.

KAP means air kerma-area product i.e. air kerma multiplied by radiation area. The KAP value may be displayed on the operator's console, or on a separate kerma-area product meter. The units of KAP are typically Gy.cm², or similar e.g. mGy.cm², cGy.cm², μGy.m². It is important to make a note of the unit when conducting a patient meter.

Kerma rate means kerma per unit time and is determined as the quotient of dK by dt, where dK is the increment of kerma in the time interval dt. Variants include incident air kerma rate (does not include backscattered radiation) and entrance surface air kerma rate (includes backscattered radiation).

Lead equivalent means the thickness of lead causing the same attenuation of a beam of a specified radiation quality as the material under consideration.

Mean CT number means the mean value of the CT numbers of all pixels within a certain defined region of interest.

Noise means the variation of CT numbers from a mean value in a defined area in the image of a uniform substance.

Operator means a person licensed under section 7 of the Act to use ionising radiation apparatus.

Person responsible means as defined in section 6 of the Act.

Phantom means a test object that simulates the average composition of various structures.

Primary beam means all ionising radiation that emerges through the specified aperture of the protective shielding of the X-ray tube and the collimating device.

Regulation means the Radiation Control Regulation 2013.

Scattered radiation means ionising radiation produced from the interaction of electromagnetic ionising radiation with matter. It has a lower energy than, or different direction from, that of the original incident ionising radiation.

X-ray tube potential difference means the peak value of the potential difference applied to the X-ray tube, expressed as kilovolts peak (kVp).

Unless otherwise defined, all words in this standard have the same meaning as in the Act and the Regulation.