If you can smell it, you're already breathing it.



Wood is a natural material, but when burned it produces particle pollution that is harmful to everyone.

To reduce the harmful effects of wood smoke, follow these steps:

- 1 Clean your **chimney** every year.
- 2 Use only dry, aged, untreated wood.
- 3 Use **small logs** instead of one large one.
- 4 Don't let your fire **smoulder** overnight.
- 5 Consider a **cleaner** heating method.

Remember, even in small amounts, wood smoke pollutants can be harmful, especially to the young, frail or elderly.

Wood smoke isn't good smoke.